

CORONAVIRUS HEALTH GUIDANCE

PREVENTION



WASH YOUR HANDS



SANITISE YOUR HANDS







CATCH SNEEZES WITH A TISSUE,
THROW IT AWAY & WASH

SYMPTOMS



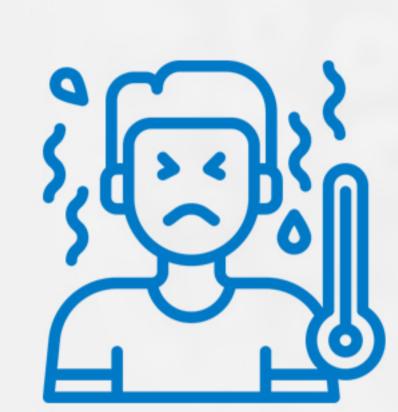
CAUGH



RUNNY NOSE



SORE THROAT



HIGH FEVER



DIFFICULTY BREATHING

ACTIONS



CALL 111 IF YOU GET ANY SYMPTOMS



AVOID LARGE CROWDS
OR GOING OUT



STAY INDOORS
& AVOID CONTACT
WITH OTHERS



CALL 999 IF YOU FEEL WORSE OR CAN'T BREATHE